



**KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE
ADMINISTRATIVE BOARD
MEETING MINUTES
MARCH 2, 2006**

Members Present: Linda Brown, Joan Clement, Michelle DiMiscio, Dan Foley, Larry Hill, Tim King, Yasmin Smith

Members Absent: Narayan Gangadhar (excused), Jenna Henderson (excused), Patrick Godfrey –nominee (excused), Roger Goodman (excused), Mary Alice Knotts (excused)

Guests Present: Ardi Bury, Pat Knox, Recovery Centers of King County; Paula Frederick, Alcohol-Drug Helpline; Ramona Graham, Center for Human Services; Anita Hidalgo, WAPIFASA; Arden James, Seattle Mental Health; Bob Leonard, Region 4 - Division of Alcohol and Substance Abuse; Mariah Lewis, board applicant; Al Sweeten, Seattle Indian Health Board; Suzanne Wietting, Fairfax Hospital

Staff Present: Mike Elsner, Rhoda Naguit, Jim Vollendroff

Board Chair Linda Brown convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 12:03 p.m. The meeting was held at Safeco Jackson Street Center, Multi-Purpose Room, located at 306 23rd Avenue South, Seattle.

I. WELCOME AND INTRODUCTIONS

Board Chair Linda Brown welcomed everyone present and asked that they introduce themselves.

II. MINUTES

Linda Brown reported that several board members were unable attend for today's meeting due to various reasons. Jenna Henderson is vacationing in Thailand, Narayan Gangadhar is visiting his country of India, Roger Goodman is in one of his out of town speaking engagements, Pat Godfrey and Mary Alice Knotts are both "under the weather."

The review and approval of the February 2, 2006 board minutes was postponed until a quorum of members arrived.

III. AGENCY ANNOUNCEMENTS/CONCERNS

Recovery Centers of King County: Pat Knox, RCKC CEO, announced that RCKC has been certified to provide treatment for problem gambling for individuals with co-occurring disorders.

WAPIFASA: Anita Hidalgo, WAPIFASA Executive Director, stated that their counselors are now all GAIN certified. The Board recognized and complimented WAPIFASA for this accomplishment.

Seattle Indian Health Board: Al Sweeten, SIHB Administrator, stated that with the proposed cut in Federal funds of about \$4M, approximately one-third of the agency's budget, they have been busy gathering support from WA legislators. While SIHB is optimistic about the restoration of fund, Al suggested that the County Mental Health, Chemical Abuse and Dependency Services leadership and SIHB Board meet to develop plans to handle the situation if funding is lost.

POCAAN: Michelle DiMiscio reported that she and other provider agencies attended and testified at NAMI's Mental Health Parity Hearing.

IV. APPROVAL OF MEETING MINUTES

With the arrival of additional board members, Joan Clement made a motion that was seconded by Dan Foley to approve the February 2, 2006 board minutes as submitted. The motion was passed unanimously.

V. DASA Updates

Bob Leonard reported that the recently concluded Region 3&4 DASA Warm Beach Retreat was attended by 400 participants, the biggest attendance so far. This year's attendance was partly attributed to the presence of Claudia Black; who was an outstanding speaker.

The "Saying It Out Loud" Conference will be held on May 19, 2006.

The GLBTQ Meeting will be held on March 24, 2006 from 9:30am to 11:30am at DASA Region 4 offices, 400 Mercer Street, 6th floor, Seattle.

VI. NEW BUSINESS

A. Board Membership

Dana Boales, given her work demands and graduate program, has tendered her resignation from the board. She will consider re-applying for board membership after finishing her graduate program. Board members expressed their appreciation for Dana's contributions to the Board and regret that she is leaving.

Council member Kathy Lambert asked about the geographic representation among Board members during Dan Foley's confirmation hearing in February. The north part of King County is under-represented. Council member Lambert asked that we consider broader geographic representation as vacant positions are filled. She offered to encourage individuals in her district to apply.

Council member Julia Patterson asked Dan Foley during his confirmation hearing about why government should be involved in funding chemical dependency treatment services. Dan responded that society has the responsibility to provide the services to citizens who are unable to help themselves.

Mariah Lewis from Council District 7 is the newest applicant for board membership. Copies of her application packet were sent to board members for review and comments. Her application will be considered at the April Board meeting.

VII. OLD BUSINESS/CHAIR'S REPORT

A. Patrick Vanzo's New Responsibilities

Linda Brown informed the Board that Patrick Vanzo will be changing positions. Effective March 1, 2006, Patrick is moving to King County Human Resources with the Training, Organizational Development and Employee Assistance Program Section. His initial project will be countywide domestic violence prevention training.

The Board recognized Patrick's outstanding contribution to the chemical dependency field. He has long been one of the leaders in service integration. Recently, he was responsible for convening a work group that put together recommendations for the use of the Sobering Center facility. Board members are encouraged to send Patrick a note to let him know how much he is appreciated. The Board discussed purchasing a Recovery Garden paving stone in honor of Patrick and his contributions to chemical dependency treatment.

B. WAPIFASA Update

Linda Brown thanked Anita Hidalgo, WAPIFASA Executive Director, and Jim Vollendroff for the effective way they worked to resolve funding and contract concerns and issues. The meeting between MHCADSD leadership and WAPIFASA last week resulted to the resolution of their concern.

C. Recovery Garden Update

Suzanne Wietting reported that the bids for the construction of the Delridge Park had been opened. While the bidding process is not yet finished, construction on the garden is expected to start anytime this month. Hopefully, the Recovery Garden will be ready by September 2006 in time for the Recovery Month observance.

Linda Brown reported that about 70 of the 250 cobblestones has been sold. We need to intensify our efforts to sell the entire supply of cobblestone. Brainstorming followed. The following marketing strategies were suggested:

- Stones would be an ideal gift to honor people who have made contributions to CD field, e.g. Ken Stark, Fred Garcia, Patrick Vanzo
- Encourage agency providers to purchase a cobblestone for their agency
- Post information via Division and Agency Providers Website
- Post information on Alcoholic Anonymous (AA) Bulletin Board
- Solicit financial assistance from community donors including businesses.

D. Town Hall Meeting

Linda Brown announced a Town Hall meeting this evening at 7:30pm at the Town Hall building at Seneca and 8th Ave that Board members may be interested in. King County Executive Ron Sims and Redmond Pastor Ken Hutcherson will engage in a debate centered on whether gay rights should be considered a civil rights issue, and the appropriate roles of government and faith in a democracy. Admission fee is \$5.00 per person.

E. Senate Bill 5763 Work Group Update

Last month, the Board decided to go ahead and write a separate (vs. a joint CD/MH Board) letter to the County Council asking the Council to consider the 1/10 of 1% sales tax increase. However, after meeting with King County Mental Health Advisory Board, it was agreed that while each Board will write the Council, the letters will be sent with a joint position paper that is being developed. Thus, the CD Board letter has not gone to the Council yet. There was a discussion on the pros and cons of a conceptual paper versus one focused on specific projects. The former was adopted.

The Board is concerned about how the funds might be allocated and wants to ensure that CD programs are appropriately funded in relation to MH programs. Jim emphasized the need for a strategic planning meeting to develop the most effective ways to work with the County Council. We need to ensure that we are able to respond to any inquiries from the Council regarding the need for new funding and how it would be used. The issue of unfilled residential beds was discussed.

F. DOH CDP Forum Report

A number of agencies and CDPs gave testimonies during the forum. Linda Brown spoke for the Board and submitted written testimony. There was a lot of agreement about the core issues of education, supervised practice requirements and problems related to the certification and background check process.

The Board of Health has scheduled a follow up meeting on March 24th in Kent. The Association of Community and Human Services (ACHS) has decided to participate in this process.

VIII. LIAISON REPORTS

A. CPAC Meeting – Joan Clement

CPAC will meet for the last time on April 12th. CPAC will be absorbed into the activities of the Committee to End Homeless. This will be an opportunity to express our appreciation to Patrick Vanzo for his excellent leadership and contributions in the CD field.

B. Legislative Committee

Roger Goodman was not present to make a report.

C. Mental Health Board

The Board tackled the 1/10 of 1% sales tax issue. Mental Health system funding continues to be an issue. While there is some optimism about funding, it is not yet clear what the final budget signed by the Governor will include for the mental health system.

Amnon Shoenfeld will do a 20-minute presentation at the next board meeting to talk about the status of mental health funding.

D. Law, Justice and Human Services Committee

Linda Brown and Jim Vollendroff attended Dan Foley's confirmation hearing before the Law, Justice, and Human Services Committee (LJHS) on February 16, 2006. In addition to Dan's confirmation hearing, LJHS also received staff reports about the Veterans and Human Services levy. This levy will provide \$13.3 million per year for 6 years. 50% of the funding is dedicated to community services for individuals who are homeless or at risk of homelessness. The CD system will be an important piece for this funding providing vocational and housing services. Joan Clement suggested inviting Doug Stevenson to present detailed information about the veteran's levy. Doug will be invited to present at the May meeting.

IX. A/D COORDINATOR'S REPORT

Jim Vollendroff stated that County CD system has made a lot of progress toward serving more clients. He provided the following data and thanked the providers for their hard work and ongoing effort:

Adult Outpatient served

- 2,148 clients in 2005
- 2,673 clients were served in 2006

Youth clients served

- 454 in 2005 and 467 in 2006

OST persons served

- 1,422 in 2005
- 1,540 in 2006 (increase due to ATR)

Match pool, Medicaid set aside:

- 1999-2001 - \$3.7M
- 2005-2007 - \$7.3M (in Medicaid \$14M)

Statewide retention rate for Youth

- 54% for 50-day
- 71.1% for 90-day

Outpatient Treatment (OPT) Completion Rate for youth in King County

- 30.8% in 2000
- 33.0% in 2001
- 38.3% in 2002
- 44.2% in 2003
- 47.4% in 2004
- 49.4% in 2005

OPT Retention Rate for Adult in King County

- 54.4% for 90-day in 2000
- 54.4% for 90-day in 2001
- 54.5% for 90-day in 2002
- 61.2% for 90-day in 2003
- 57.0% for 90-day in 2004
- 56.0% for 90-day in 2005

OPT completion Rate for Adult in King County

- 35.5% in 2000
- 38.3% in 2001
- 38.0% in 2002
- 41.7% in 2003
- 43.5% in 2004
- 41.8% in 2005

Jim reported that there is statewide challenge to immediately generate the number of clients expected in the treatment enhancement program. The CDP shortage is an important factor contributing to the problem getting a lot more clients into treatment quickly. Other contributing factors include:

- Funding can only be used for treatment which means that the staff costs of clients recruitment and assessment are not reimbursable. Jim suggested considering dedicating an FTE for outreach and assessment services.
- Characteristics of the clients group. The target group is not easy to engage in treatment. Many have co-occurring disorders and are not especially motivated for treatment.
- Cultural factors. The most common treatment modalities, i.e. group treatment, are not culturally acceptable for several of the ethnic groups who need to be served.

For adults the treatment expansion rate statewide is 78.8%, and 89% for King County. For youth, the statewide rate is 68.7%, and King County is 92.6%. Even at this rate, King County is lagging behind expectations. If the target rate is not reached by July 2006, the County will be forced to return any unspent money to the State. Engaging more Medicaid eligible clients in treatment is essential.

Other data includes SSI statewide at 68.2%, and King County at 84.7%; GAU statewide at 105%, and King County at 115.2%; TANF statewide at 86.2% and King County at 87.8%.

The Division will receive \$50,000 in training fund from DASA. Jim encouraged agencies to apply for the training of their choice.

There being no further business, the meeting was adjourned at 1:40pm.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary

Linda Brown
Board Chair